

Our Family Resource Centre offers the following services:

Unless noted, referrals to programs can be self referral or community referrals from doctors, school, social workers, or health nurses.

Prenatal Classes - Intensive three (3 hour) sessions covering pregnancy, labor, and birth. Forms available at all doctors' offices or at the CDC.

Healthy Babies - For women requiring additional support through early pregnancy, birth and during the first year of parenting. **Drop in** is every Thursday from 10:30 am - 12:00 pm.

Building Blocks - Provides in-home support to parents who require assistance to meet the needs of their children from birth to five years.

Infant Development Program - For children ages birth to 3 years and their families who require additional support.

“Toddler” Time Drop In - Tuesdays 10:30 am—12:00 pm. For children 12 months to 3 years and their parent/ caregiver to explore relationships with other children and play with new toys.

Family Fun Spot - Drop in programs for children ages birth to 5 years are open Monday and Friday afternoons 1 - 3 pm and Wednesday mornings 10:30 am - 12:30 pm. All parents and children are welcome to attend.

Pre-school Program - For children (3 to 5 years) to learn as they play and share experiences with other children in a safe, stimulating environment. Call us to register your child in preschool.

Family Resource Program - As part of our Early Intervention Program, the Family Support Worker provides information, screening, counseling, and coordination of services to families of children ages 3 to school age.

Supported Child Development - Promotes the inclusion and development of children who require extra support within the family's choice of childcare or community program.

Reach for a Sunbeam - Provides mental health support to children age 5 to 18 and families who are at risk of experiencing mental health issues. Referrals from Child and Youth Mental Health Clinician.

Speech-Language Pathology - part of our Early Intervention Program, the Speech Language Pathologist sees children from birth to school age to promote prevention of communication disorders, provide early detection and treatment of speech, language and hearing disorders. Consults with families and community agencies.

Physiotherapy - Our therapist works for both the early intervention and School age therapy programs. Assesses the motor ability of children while looking at the quality of movement and the developmental level. When needed, recommendations may be given for specialized equipment.

Occupational Therapy—Our therapist works for both early intervention and school age therapy programs. Works with children and families to promote successful participation in self-care, productivity and leisure activities at home and in the community.

Autism Behavioral Services - Provides behavior consultation and intervention for families with children on the autism spectrum. There is a fee for service program. Funding can be accessed through the MCFD.

Community Link - Provides in-school resources that address emotional, social and behavioral issues that may interfere with a child's ability to succeed at school, home and in the community.

Child and Youth Worker Program - Provides support and direct goal-oriented assistance to individual children and their families. Referrals from the Ministry of Children and Family Development and the School District.

Life Skills Program- To support and help incorporate healthy lifestyle changes within the family setting. Referrals from the Ministry of Children and Family Development and Ministry of Health.

Out of School Care - program for school-aged children at Kildala School. A safe, fun place where children can attend before and after school. This is a fee for service program.

Parenting Programs – A range of programs offered as needed. Offered as classes or on an individual basis.

Outreach Programs - From Sunny Hill Hospital for Children: includes the seating clinic, psychology outreach and the assistive technology team.

Kitimat Interagency Committee/Social Planning Committee - We are a proud community partner.

To access our services phone us at
250-632-3144
or leave a message at the
extensions listed below:

Executive Director ext. 27

Family Support Coordinator ext. 24

Occupational Therapy ext. 26

Physiotherapy ext. 24

Speech-Language Pathology ext. 26

Infant Development Program ext. 23

Supported Child Development/Autism
Behavior Services ext. 28

Building Blocks ext. 39

Healthy Babies ext. 25

Reach for a Sunbeam ext. 30

Child/Youth Programs, Family Fun Spot &
Parenting programs ext. 60

Life skills ext. 61

Administrative Accounts ext. 35

Kids Place Preschool ext. 29

Kildala Preschool/Daycare Services ext. 0

Staff make every effort to return calls within 24
hours. Should you leave a message in the
general mailbox, it will be forwarded to staff.

If you are interested in being contacted by
email to book and/or confirm appointments,
please let the staff know and we can
accommodate you.

MISSION STATEMENT

To support
children, youth
and families.

The Kitimat Child Development Centre
is a not for profit society governed by a
volunteer Board of Directors.
Incorporated in 1974 we have been
providing services in Kitimat for almost
40 years.

Our organization is a member of the
Kitimat Interagency Committee and
Kitimat Social Planning Committee.

The Kitimat Child Development Centre
has a working relationship with the
Kitimaat Village Health Centre and its
childcare programs.

Our programs are funded by:

- The Ministry for Children and
Family Development
- The Ministry of Education
- Public Health Agency of Canada

Please ask us about our
Child Care Services!

PROGRAMS and SERVICES



**KITIMAT
Child Development
CENTRE**

**A FAMILY RESOURCE
CENTRE**

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